



ACUPUNCTURE

“FIND YOUR BALANCE WITH “HARMONY, HEALTH & HEALING “

DR. BRENDA YANOFSKY

Acupuncture Physician
Educator & Psychologist

“*Balance Your Life*”

JOIN US

Third Wednesday of the Month 11:30am – 12:30pm

INSTITUTE FOR ADVANCED MEDICINE

5880 Rand Blvd • Sarasota • Florida

(Half mile West of I-75 off Clark Road)

Free Community Program

MARK YOUR 2011 CALENDAR TODAY!

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| • JANUARY 19 | Twelve Health Solutions for 2011 |
| • FEBRUARY 16 | Disease Management: East Meets West |
| • MARCH 16 | Digestion: PH – Acid or Alkaline |
| • APRIL 20 | Pain Management |
| • MAY 18 | The Immune Solution |
| • JUNE 15 | Anti-Aging – Cellular Health and Facial Rejuvenation |
| • JULY 20 | The Traditional Chinese Medical Evaluation |
| • AUGUST 17 | Go with the Flow: Balance Your Qi |
| • SEPTEMBER 21 | Addiction Treatments for Weight, Drugs, and Smoking |
| • OCTOBER 19 | Acupuncture: What’s the Point? |
| • NOVEMBER 16 | Stress Management |
| • DECEMBER 21 | Create A Personal Health Plan for 2012 |

For more information please contact
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